

Breakfast

Serving from 6:30 am to 11:00 am

Egg and Cheese Breakfast Sandwich	\$2.99
Egg, Cheese and Meat Sandwich With Sausage, Bacon or Ham	\$3.99
Hungry Man Breakfast Sandwich Egg, Cheese, Meat, Potato Cake	\$4.99
The Wrap on Breakfast Eggs, choice of Meat, Cheese, Home Fries	\$4.99
<i>Breakfast Sandwiches served all day</i>	
Breakfast Special 2 Eggs, Toast and Small Coffee	\$3.79
2 Eggs and Toast	\$2.99
With Sausage, Bacon or Ham	\$3.99
With Home Fries	\$3.69
With Home Fries and Meat	\$4.69
Omelet with Cheese	\$4.99
Beach Body Egg White Omelet Spinach, Tomato, Green Peppers, Mushrooms	\$6.99
Sausage and Swiss Omelet	\$6.49
Southwestern Omelet Roasted Red Peppers, Onions, Green Peppers, Ham, Swiss	\$6.49
Italian omelet Anthony's Relish, Salami, Provolone	\$6.49
The Greek Omelet Tomatoes, Onions, Spinach, Feta Cheese	\$6.49
Mexican Omelet Salsa, Cheese, Hots, Sour Cream	\$6.49
Veggie Lovers Omelet Spinach, Onions, Peppers, Mushrooms, Tomatoes, Cheese	\$6.49
Ham Broccoli & Cheddar Omelet	\$6.49
Lobster Omelet (in season)	\$12.99
<i>All Omelets served with Home Fries & Toast</i>	
Cinnamon French Toast	\$3.99
Pancakes	\$3.99
With Blueberries, Banana or Chocolate Chips	\$4.99
Oatmeal - Bowl	\$3.49

SIDES

Bagel w/ Cream Cheese	\$2.29
Toast	\$1.29
Toasted English Muffin	\$1.29
Bacon, Sausage or Ham	\$1.99
Home Fries	\$1.79
Extra Egg	\$ 1.19



Every Day We Offer a Variety of Birthday Cakes, Pies,
and Dessert Bars



HARVEST & PLATE

Catering in Ogunquit

Bakery • Provisions • Produce • Custom Cut Meats
Fine Wines & Imported Beer
Savory Salads & Enticing Prepared Entrees



*"bringing
variety
& culinary
pleasure
to your table"*

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230 Main Street, Ogunquit, ME

VILLAGE FOOD MARKET

BREAKFAST • LUNCH • DINNER



*"The Local Market for
Gourmet Provisions"*

Groceries • Bakery • Deli • Beer & Wine

230 Main Street • Ogunquit Center
OGUNQUIT, MAINE

207-646-2122



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THE VILLAGE FOOD MARKET

Specializes in creating interesting & delicious take-out
made from local fresh ingredients.

From the Grill

10 inch French Baguette Available, add \$1.00

	6 inch	10 inch
Meatball Sub - Our Homemade Meatballs, Marinara & Provolone	\$5.99	\$6.99
Steak and Cheese - Plain, Teriyaki, Sweet BBQ or Cajun		\$6.99
Steak Bomb - Plain, Teriyaki, Sweet BBQ or Cajun Grilled Green Peppers, Onions and Mushrooms		\$7.49
Grilled Chicken & Cheese - Plain, Teriyaki, Sweet BBQ or Cajun		\$6.99
Grilled Chicken Bomb - Plain, Teriyaki, Sweet BBQ or Cajun Grilled Green Peppers, Onions and Mushrooms		\$7.49
Chicken Parmesan - w/ Provolone & Homemade Marinara		\$6.99

Flame Grilled Hamburgers

Our own Freshly Ground Chuck - 1/3 lb (grilled to your liking)
Served with Lettuce, Tomato, Onion and Pickles

Hamburger	\$5.49
Cheeseburger	\$5.99
Bacon Cheeseburger	\$6.99
Fresh Ground Turkey Burger	\$6.99
Portabella Mushroom Burger (Vegetarian)	\$5.99
Veggie Burger (Vegetarian)	\$5.99
Grilled Hot Dog	\$2.99
Grilled Sausages Hot or Sweet - Grilled Onions & Peppers	\$5.99
I Missed Breakfast - w/ Bacon, Egg and Swiss Cheese	\$7.49

Hot Paninis & Grilled Sandwiches

Grilled to Melt Flavorful Ingredients into Fresh Hearty Breads

VFM Reuben - Corned Beef on Rye, Sauerkraut, Russian Dressing and Swiss sizzled on the Grill	\$6.99
Hot Pastrami & Swiss - Yellow Mustard on Rye	\$6.99
Roast Turkey & Provolone - Roasted Red Peppers, Spinach, Basil-Mayo on Multi-Grain Bread	\$6.99
Marinated Portabella Mushroom - Roasted Red Peppers, Mozzarella, Basil-Mayo on Multi-Grain Focaccia	\$6.99
Grilled Vegetable - Mozzarella, Grilled Eggplant, Zucchini, Roasted Red Peppers w/ Arugula & Basil Mayo	\$6.99
Market Chicken - Marinated Chicken, Cheddar, Tomatoes, Arugula, and Chipotle Mayo on Ciabatta	\$6.99
Grilled Cheese - on White	\$3.99
Grilled Ham & Cheese - on White	\$4.99
Grilled Tuna & Cheese - on White	\$5.49
Grilled Lobster & Cheese - on White, 5oz of Fresh Maine Lobster	\$12.99

LUNCH & PREPARED FOOD MENU

TAKE OUT OR EAT IN

Our daily Dinner Selections include: Grilled Meats and
Poultry, Freshly Prepared Seafood, Pasta Dishes,
Vegetarian Salads and Specialty Items.



Sliced Bread Choices: Country White, Whole Wheat, Multi-Grain, Marble Rye

Wraps: White, Wheat, Spinach, Tomato Basil

6 inch or 10 inch Sub-Rolls, 10 inch French Baguette available add \$1.00

All sandwiches served with Lettuce, Tomato, Onion,
Pickle and Choice of American, Provolone, Swiss,
Cheddar, Mozzarella Cheese or Boursin

Subs & Sandwiches

	Sliced Breads	or 6 inch	10 inch
Caprese - Buffalo Mozzarella, Fresh Basil, Maine Vine Ripe Tomatoes, Balsamic on French Baguette	NA		\$6.99
The Italian Stallion - Salami, Ham, Roast Beef & Provolone w/ Italian Relish	\$6.99		\$7.99
The Real Italian - Genoa, Hot Ham, Mortadella, Provolone w/ Italian Relish	\$6.99		\$7.99
Randy's Blue Moon - Turkey, Blue Cheese Spread, Bacon, Spinach, Tomato & Onion	\$6.99		\$7.99
Oven Roast Beef and Swiss - on Wheat	\$6.99		\$7.99
Oven Roast Beef and Horseradish - on Wheat	\$6.99		\$7.99
Oven Roast Turkey and Provolone - on Multi-Grain	\$6.99		\$7.99
Oven Roast Turkey and Boursin - on Multi-Grain	\$6.99		\$7.99
Smoked Turkey, Cheddar & Bacon - on Multi-Grain	\$6.99		\$7.99
Sliced Chicken and American - on Country White	\$6.99		\$7.99
Baked Ham and Swiss - on Country White	\$5.99		\$6.99
Genoa Salami and Provolone - on Country White	\$5.99		\$6.99
Corned Beef and Swiss - on Rye	\$5.99		\$6.99
B.L.T. - Mayo, Country White	\$5.99		\$6.99
VFM Chicken Salad - on Multi Grain	\$6.79		\$7.79
Tuna Salad - Tongol Tuna & Celery on Wheat	\$6.79		\$7.79
Market Hummus Wrap - Garden Greens & Vegetables	\$6.49		N/A
Caesar Salad Wrap - Romaine, Parmesan, Croutons Add Grilled Chicken Breast	\$4.99		N/A
	\$6.49		N/A
Simply Egg Salad - on Country White	\$4.99		\$5.99
Seafood Salad - on Country White- in season	\$6.79		\$7.79
LOBSTER ROLL			priced daily- in season

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646-2122

CREATIVE & MOUTHWATERING

From soup to nuts you can put together a fantastic dinner
that only needs reheating, so that you can enjoy the evening
at home or in the privacy of your hotel suite.

Homemade Soups

	Cup	Bowl	Quart
VFM New England Clam Chowder	\$2.99	\$5.49	\$9.99
VFM Chili	\$2.99	\$5.49	\$9.99
Beef Stew	\$2.99	\$5.49	\$9.99
Soup of the Day	\$2.99	\$5.49	\$9.99

Freshly Prepared Salads

Market Mixed Greens Salad - Tomatoes, Peppers, Cucumbers, Onions, Mushrooms & Balsamic	\$4.99
Add scoop of Chicken Salad, Tuna Salad, Egg Salad, Hummus	\$6.79
Spinach Salad - Red Onions, Roasted Red Peppers, Tomatoes, Raspberry Vinaigrette	\$4.99
Add Bacon	\$5.99
Greek Salad - Romaine, Feta, Kalamata Olives, Cucumbers, Tomatoes	\$4.99
Caesar Salad - Croutons, Romaine, Parmesan	\$4.99
Add Grilled Chicken Breast	\$6.79



Children's Menu

Hot Diggity Dog	\$2.99
Grilled American Cheese on White	\$2.99
PB & J. on White	\$2.99

